



Can we help?

Healthy Eating Local Policies and Programs is funded by SA Health
and led by Nutrition & Dietetics, Flinders University.

Building the capacity of community based organisations and local government
to promote healthy eating.



Healthy Eating Local Policies and Programs

We are working in partnership with community based organisations and local government to assist in the development of healthy eating policies and the delivery and evaluation of healthy eating programs that build community members' food skills, confidence and intention to improve the way they eat.

If your organisation already runs a food related education program or perhaps you are thinking of developing one and don't know where to start, we can...

- **helpp** to develop a food policy to support your organisational goals around healthy eating
- **helpp** to identify the needs of your participants (make sure programs deliver what participants want)
- **helpp** to strengthen or add value to existing programs
- **helpp** with access to best practice nutrition education programs
- **helpp** with tools to evaluate programs (know what works and what doesn't)
- **helpp** package and distribute successful programs state-wide (don't re-invent the wheel)

For further information please contact the **helpp** team

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